


**Landhotel
Post** ★★★★★



...hereinspazier



Landhotel Post News, 23rd June 2010

Fresh green on the Alpine pastures,
colourful flowers by the wayside...
finally it's back again – the wonderful hiking season in the mountains.

We look forward to your visit!

NEW at Landhotel Post – an INFRARED THERAPY CABIN

**A short timeout for enjoyment and relaxation
...Test it for yourself – right here at our hotel from July 2010**

Physiotherm's patented lava sand technology is unique in the world – it increases your well-being and your zest for life.



NEW

Landhotel Post is now
also on Facebook!



Become a "fan" of Landhotel Post – post great
holiday snaps!

Children up to 10 years of age stay FREE OF CHARGE in their parents' room!

From 1st August to 5th September 2010
children up to 10 years of age stay FREE OF
CHARGE in their parents' room, and we grant
a reduction of -50% of the daily rate for
children aged 11 to 15. So what are you
waiting for? Simply get the holidays started!

**Of course, also single parents with
children are very welcome!**

Summer drink to make at home:

Blackberry smoothie

Ingredients (for 2 glasses):

250 g blackberries, 1/2 teaspoon of lemon juice, 1/2 tablespoon of icing sugar, 1 sachet of vanilla sugar, 40 ml of ice-cold milk, 2 tablespoons of curd cheese, 2 scoops of vanilla ice cream and 50 ml of whipped cream

Blend the blackberries with the lemon juice, icing sugar and 1/2 sachet of vanilla sugar in a blender. Add the milk, curd cheese and ice cream and blend.

Beat the whipped cream until stiff, and while doing so stir in the rest of the vanilla sugar. Fill it into a piping bag with star-shaped tip.

Pour the smoothie into glasses and garnish with the whipped cream and blackberries.

More offers and further information can be found at www.landhotel-post.com

Please note: If you do not wish to receive further information from us by newsletter, please send us a short [reply](#) – we will delete you from our mailing list immediately. Thank you!

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